

## Mrs. Compton's Distance Learning Checklist

1. Go to [www.classroom.google.com](http://www.classroom.google.com)
2. Username: your child's first initial and last name @sssmc.org
3. Password: Rockets!
4. Class Code: tvn76vm

### Monday:

- Get dressed
- Brush teeth, wash face and comb hair
- Complete Circle Time\*
- Read fictional story of the month\*
- Read non-fictional story of the month\*
- Complete Day 1 worksheet/activity\*
- Explore Opposite Concepts of the Week\*
- Choose between 2 preferred activities (example: sensory toys, puzzles, etc.) and engage with activity chosen
- Chore - help with one chore around the house (put away toys, wipe work surface, pick up room, help place laundry in washer, etc.)
- Sitting Practice – sit on the floor or in a chair that is not your wheelchair with appropriate amount of adult support for safety (bench style seat, dining room chair, etc.) while watching something fun/motivating.
- Special: Home Living\*

### Tuesday:

- Get dressed
- Brush teeth, wash face and comb hair
- Complete Circle Time\*
- Re-read fictional story of the month\*
- Re-read non-fictional story of the month\*
- Complete Day 2 worksheet/activity\*
- Explore Opposite Concepts of the Week\*
- Choose between 2 preferred activities (example: sensory toys, puzzles, etc.) and engage with activity chosen
- Chore - help with one chore around the house (put away toys, wipe work surface, pick up room, help place laundry in washer, etc.)
- Standing Practice – stand with appropriate amount of support for safety (adapted stander, at a table, in front of a chair, etc.) even if it is just for a few minutes at a time.
- Special - Library\*

### Wednesday:

- Get dressed
- Brush teeth, wash face and comb hair
- Complete Circle Time\*
- Re-read fictional story of the month\*
- Re-read non-fictional story of the month\*
- Complete Day 3 worksheet/activity\*
- Explore Opposite Concepts of the Week\*

- Choose between 2 preferred activities (example: sensory toys, puzzles, etc.) and engage with activity chosen
- Chore - help with one chore around the house (put away toys, wipe work surface, pick up room, help place laundry in washer, etc.)
- Sitting Practice – sit on the floor or in a chair that is not your wheelchair with appropriate amount of adult support for safety (bench style seat, dining room chair, etc.) while watching something fun/motivating.
- Special – Art\*

#### **Thursday:**

- Get dressed
- Brush teeth, wash face and comb hair
- Complete Circle Time\*
- Re-read fictional story of the month\*
- Re-read non-fictional story of the month\*
- Complete Day 4 worksheet/activity\*
- Explore Opposite Concepts of the Week\*
- Choose between 2 preferred activities (example: sensory toys, puzzles, etc.) and engage with activity chosen
- Chore - help with one chore around the house (put away toys, wipe work surface, pick up room, help place laundry in washer, etc.)
- Standing Practice – stand with appropriate amount of support for safety (adapted stander, at a table, in front of a chair, etc.) even if it is just for a few minutes at a time.
- Specials - Adapted P.E.\*

#### **Friday:**

- Get dressed
- Brush teeth, wash face and comb hair
- Complete Circle Time\*
- Re-read fictional story of the month\*
- Re-read non-fictional story of the month\*
- Complete Day 5 worksheet/activity
- Explore Opposite Concepts of the Week\*
- Choose between 2 preferred activities (example: sensory toys, puzzles, etc.) and engage with activity chosen
- Chore - help with one chore around the house (put away toys, wipe work surface, pick up room, help place laundry in washer, etc.)
- Sitting Practice – sit on the floor or in a chair that is not your wheelchair with appropriate amount of adult support for safety (bench style seat, dining room chair, etc.) while watching something fun/motivating.
- Specials - Sensory Activity\*