

Mrs. Ashley Dilk's Life Skills Class At Home Learning and Schedules

If you have any questions or concerns, please contact:

Ashley Dilk

adilk@riselearningcenter.org

317-721-1413 (call or text)

*There are more in detail directions, log in information and websites in your green binder

Monday:

- Morning hygiene- Brush teeth, wash face and comb hair. Check your clothes/appearance.
- Make your bed.
- Discuss the day- date, day of the week, weather, season.
- Make your schedule for the day.
- Login to the Google Classroom
- Click on the Classwork Tab. This is where you will see your assignments to for the day.
- Complete Boom Cards
- Complete Encore
- Monday is P.E. day. Do some exercises, walk, jog, dance or go to Mr. Krebs link and do an activity that he has.
- Help or do a chore around the house. Pick up your room, sweep, vacuum, dust, fold laundry, clean surfaces, etc.
- Read and fill out your reading log

Tuesday:

- Morning hygiene- Brush teeth, wash face and comb hair. Check your clothes/appearance.
- Make your bed.
- Discuss the day- date, day of the week, weather, season.
- Make your schedule for the day.
- Login to the Google Classroom
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- Read and fill out your reading log
- Help or do a chore around the house. Pick up your room, sweep, vacuum, dust, fold laundry, clean surfaces, etc.
- Have a conversation with someone. You ask them questions and have them ask you questions. Be a good listener.
- Tuesday is swim day. Go over water safety.

Wednesday:

- Morning hygiene- Brush teeth, wash face and comb hair. Check your clothes/appearance.
- Make your bed.
- Discuss the day- date, day of the week, weather, season.
- Make your schedule for the day.
- Login to the Google Classroom
- Click on the Classwork Tab. This is where you will see your assignments to for the day.
- Complete Boom Cards
- Complete Encore
- Wednesday is another physically active day. Exercise, yoga, walk, or be creative and share what you are doing with me.
- Help or do a chore around the house. Pick up your room, sweep, vacuum, dust, fold laundry, clean surfaces, etc.
- Listen to some music.
- Read a book and fill out your reading log

Thursday:

- Morning hygiene- Brush teeth, wash face and comb hair. Check your clothes/appearance.
- Make your bed.
- Discuss the day- date, day of the week, weather, season.
- Make your schedule for the day.
- Login to the Google Classroom
- Click on the Classwork Tab. This is where you will see your assignments to for the day.
- Complete Boom Cards
- Complete Encore
- Thursday is a day to have an art activity. Some art ideas are draw a person, draw a house, an object, a shape. Color it. Color in a coloring book. What can you think to do?
- Help or do a chore around the house. Pick up your room, sweep, vacuum, dust, fold laundry, clean surfaces, etc.
- Play a game with someone. Use your manners when playing the game.

Friday:

- Morning hygiene- Brush teeth, wash face and comb hair. Check your clothes/appearance.
- Make your bed.
- Discuss the day- date, day of the week, weather, season.
- Make your schedule for the day.
- Login to the Google Classroom
- Click on the Classwork Tab. This is where you will see your assignments to for the day.
- Complete Boom Cards
- Complete Encore
- Friday is library. Read from one of our libraries and complete a book report.
- Friday is also cooking day. Complete the task on google classroom or help make a snack or dinner. Make sure you also help clean up
- Make a craft with the letter of the week. You can draw, make a model, use pictures from a magazine, anything to show you understand the letter of the week.
- On Friday's we watch a movie that starts with the letter of the week as well