

During at home learning, please follow this schedule to the best of your ability. I will be available to parents by email at: athompson@riselearningcenter.org between the hours of 7:45am-3:15pm for any questions or concerns. You can also find our classroom information on our website:

<https://www.riselearningcenter.org/domain/64>

Daily Activities:

1. Morning routine:

- Hygiene Checklist: Brush teeth, comb/brush hair etc. (Task 1.4 Grooming checklist)
- Daily Living Skills: Help with one chore around the house (wipe table, wipe counters, clean bedroom, vacuum/sweep floor, laundry)

2. 9:00 AM Morning meeting

- Watch weather: <https://fox59.com/weather/> (Task 2.3 Weather pages 5-7)
 - Cut out pictures (do not use glue). Every day check the weather and place the correct pieces on the worksheet. You will be using this daily so no glue will be needed.
- Watch CNN10: <https://www.cnn.com/cnn10>

3. Complete daily morning work:

- Day 1: ULS story “Healthy foods keep you strong” and comprehension worksheets
- Day 2: Math activity: Word problems and graphing worksheets
- Day 3: ULS story “Healthy foods keep you strong” and main idea and key details

4. Break: 11AM-12pm

5. Afternoon Activity:

- **Adaptive PE:** Indoor scavenger hunt (handout)

Life Skills and Communication: Cooking communication