**RISE Learning Center** 

November 2022

# The Rocket Report

#### **Being Thankful**

As Thanksgiving is in November, this is the month that reminds us to be thankful. Here are a few creative tips to feel and show gratitude...

- · Do an act of kindness
- · Notice one good thing each day
  - · Hand write a "thank you"
    - · Send an e-card
    - · Simply say "Thanks!"
  - · Develop a thankful mindset
- · Be happy with what you have in your life
- · Demonstrate to your children how to show gratitude
- · Make a list of things in which you are thankful



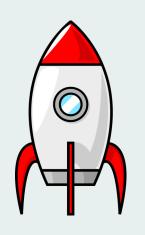
November 23—25



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Nov 11, 2022

Today and Everyday...

# NEED TO KNOW

- Be on the look out for information for our Holiday Family Fun Night coming in December.
- Spirit Club will be starting soon...watch for more info coming soon.
- Basketball practice will start November 14th.
- The November issue of Special Needs Living can be found at: https://issuu.com/specialneedslivingindy/docs/ nov\_2022\_special\_needs\_living\_indianapolis\_surro

"Gratitude helps us to see what is there instead of what isn't."

~Annette Bridges



- ⇒ Pic retakes Dec 1
- ⇒ Thanksgiving Break— Nov 23-25
- ⇒ End of 2nd Grading Period — Dec 21
- ⇒ Winter Break Dec 22—Jan 4
- ⇒ MLK Day/Snow

  Makeup day, if needed—Jan 16
- ⇒ President's Day/Snow Makeup day, if needed—Feb 20



### Dog Treats





3 for \$1 18 for \$5

Flavors: Peanut Butter & Honey

or

#### **Peanut Butter & Pumpkin**

Homemade, all natural dog treat sales support the MOVE program at the RISE Learning Center. Please email all orders to Monica Ponce at mmay@riselearningcenter.org. Cash or check (made out to the RLC) accepted. Please allow 1 week for delivery.

#### School Nurse News



#### Angela Tougas, RN

School Nurse 317.789.1641

atougas@riselearningcenter.org

Flu and Cold season is upon us. Please monitor your student for those cold and flu symptoms. Please do not send your stu-

dent to school if he/she has a fever, is vomiting, or has diarrhea. If your student is sent home with these symptoms, he/she must stay home until the symptoms subside for 24 hours without medication.



Please contact the clinic with any questions. Have a safe and healthy November!



Shout out to Lee H for being our Top Wreath Seller this year! We raised over \$800 in total sales. Thank you to everyone to bought wreaths from the MOVE fundraiser!

## 2022-23 Indiana Pacers School Fundraiser Program

We have teamed up once again with the Indiana Pacers for a fundraiser to benefit our Special Olympics programs here at RLC! This year, our school night is on a FRIDAY!!! Coach Boyd and Mr. Krebs hope you will purchase a ticket and join us on **December 9th** when the Pacers take on the Washington Wizards. Order packs should have already been sent home...please check backpacks!

\*\*Ticket money is due to Mr. Krebs with order forms on Wednesday, November 16th.\*\*

If you would like to sit with a group, the best thing to do is to fill out information on the same order form.

If you have questions or would like an order form, contact Mr. Krebs at tkrebs@riselearningcenter.org.

kroger is committed to bringing hope and help to local neighborhoods. The stores are on a mission to not just be a part of, but to help create a stronger community. They recognize that every community has unique causes that need support.

Between July 1 -Sept 30, our school earned \$248.16.

We now have

#### 84 households

enrolled in the Community Rewards Program. Thank you to those who participate already! Please consider joining if you have not already done so.

SIGNING UP DOES NOT AFFECT YOUR GAS POINTS!





## **FOOD DRIVE**

November 14th - 18th

RLC is partnering with Hunger Inc. to collect <u>non-perishable food items</u> (e.g., soup, canned fruits/veggies, Mac & cheese, tuna, etc.). Prizes will be awarded to the 2 classrooms that collect the most items on Tues 11/22.





Design an ugly turkey shirt for a staff member to wear