



RISE Learning Center

March 2024

The Rocket Report

The RISE Basketball Team Report

The RISE basketball team and cheerleaders have been busy this year. They have played the Marion County Storm two times, with a third game being played on March 11. The team now has one win and one defeat verses the Storm.

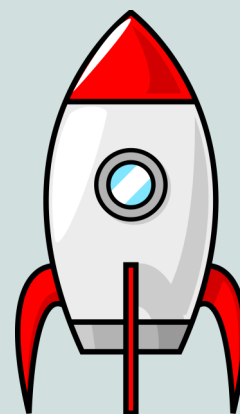
On February 8th, the team, along with some RLC staff and members of the Southport Police Department, held their 2nd annual charity basketball game. Great fun and community building took place that night, and we were able to raise \$3,300 during the event through our raffle. Many teachers, instructional assistants, and community members have volunteered their time and energy at these games and have been instrumental in their success. We had an outpouring of support from our local businesses, and we thank them for helping us grow our programs.

If you have not come to a game this year, your last chance will be on March 11th, here at RISE Learning Center. Door 3 opens at 6:00 and tip-off is at 6:30. Go Rockets!

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INSIDE THIS ISSUE:

Spring Break.....	2
Prom/Graduation	2
Upcoming Events	2
Community Outreach Corner	3
Note from the Nurse	4





March 18

March 29

SAVE THE DATES!!!



What: RLC Prom

When: Friday 5.3.24

Time: 6:30-8:30pm

Who: RLC Students. Must be 14 or older to attend and in good standing with school behavior.

What: RLC Graduation

When: Tuesday 5.14.24

TIME: TBA



“In my world, everyone’s a pony and they all eat rainbows and poop butterflies!” ~Dr. Seuss

UPCOMING EVENTS !

- ⇒ SAT Window ~ March 4—15
- ⇒ IREAD Window ~ March 4-16
- ⇒ End of 3rd Grading Period ~ March 8
- ⇒ Clocks “Spring Forward” ~ March 10!
- ⇒ Basketball Game ~ March 11 @ 6:30
- ⇒ Pacer Game ~ March 16; orders were due Feb 16
- ⇒ **Spring Break ~ March 18-29**
- ⇒ I AM Test Window ~ April 1—May 10
- ⇒ **E-Learning Day ~ April 8**
- ⇒ ILEARN Test Window ~ April 15—May 10

Dr. Seuss™ week

MARCH 4-MARCH 8

Monday

CAT IN THE HAT
Wear your favorite hat and anything Dr Seuss!

Tuesday

PUT ME IN THE ZOO
Wear animal print or polka dots!

Wednesday

Wacky
Wear your clothes inside out, backwards or mismatch. Don't forget crazy hair!

Thursday

OH THE PLACES YOU'LL GO
Wear your favorite college gear!

Friday

SLEEP BOOK
Wear your favorite pajamas!

Community Outreach Corner

Summer Music Camp

Faculty and students from UINDY Music Education and Music Therapy have developed a summer day camp program, "Music for All Abilities". They are planning 2 days of camp. Because they are volunteering to teach the camps, the participation fees are kept low to only cover supplies.

About this event:

Camp participants of all abilities will engage in various music activities related to the daily theme including, singing, musical games, movement to music, instrument and keyboard instruction and songwriting/ composition. Campers may sign up for a single day or both days of camp since the activities will vary each day.

Leadership: Camp Directors are Dr. Rebecca Sorley, Chair of the Department of Music, Amy Foley, Director of Music Therapy and Joyce Click, Adjunct Instructor in Choral Music Education and Special Education. The instructors will be assisted by students from the University of Indianapolis.

Dates and Time:

Saturday, June 8th, 2024: 8:45 a.m - 4:00 p.m.

Saturday, June 22nd, 2024: 8:45 a.m. - 4:00 p.m.

Campers may sign up for a single day or for both days.

Camp Themes: Saturday, June 8th - A Musical Travel Adventure

Saturday, June 22nd - Music and Movies Exploration



Ages: Any K-12 student may sign up as groups will be assigned by ages.

Location:

Held In Martin Hall at the University of Indianapolis

1307 Campus Drive, Indianapolis, IN 46227

For more information please contact Rebecca Sorley at rsorley@uindy.edu

Here is the registration link:

<https://www.eventbrite.com/e/music-for-all-abilities-camp-tickets-811825621287?aff=oddtcreator>



RISE Learning Center will be featured in an upcoming issue of Indy Special Needs Living Magazine. If you would like a copy mailed to your home, fill out the form below!

<https://form.jotform.com/223146774923158>

If you'd like Digital Issues (make sure you are clicking on "Indy" and not other cities)

<https://issuu.com/specialneedslivingindy>

Mrs. Smith, our Adapted Art Instructor, will also be featured in an upcoming issue.



Indiana Secondary Transition Resource Center

<https://instrc.indiana.edu/family-involvement/collect-families.html>

<https://instrc.indiana.edu/family-involvement/success-video.html>

Collected Resources for Families

Planning for your child/teen's future can be scary. There are many topics to consider. From obtaining legal guardianship, alternatives to guardianship, career mapping, Medicaid waivers and applications, state and federal benefits, social security, SSI, Vocational Rehabilitation, healthcare and more. There are many resources here to help guide your path. There are also transition success videos for inspiration. Be prepared to discuss your child/teen's future at their upcoming Annual Case Conference.



MARCH NEWSLETTER FROM NURSE ANGELA

Did you know that March is National Nutrition Month? **We Can!** (Ways to Enhance Children's Activity & Nutrition) is a national education program designed to give parents and communities a way to help children learn to eat nutritious foods. As parents, you can do a lot to help your children learn healthy eating habits and maintain a healthy weight. Involving them in meal preparation and cooking can motivate them to try new foods – and is a good way to spend time together as a family!



Hopefully we are nearing the end of cold and flu season! And although Spring brings warmer weather, it also brings allergies. It is important to stay healthy and distinguish allergies from a more serious illness and controlling allergies to keep asthma at bay. I have listed several symptoms, triggers and treatment tips below:

Symptoms include:

Itchy skin
Watery eyes
Runny nose
Cough
Congestion
Post-nasal drainage
Sneezing

Common Triggers include:

Pollen
Grass
Mold
Pet dander
Dust Mites
Insects

Treatment tips:

- Avoid allergens and keep house clean and free of pests
- Wash hands often, cover mouth when sneezing or coughing
- Change clothes when coming in from playing outdoors
- Use over the counter antihistamines and decongestions as directed
- Keep air filters changed and use air purifiers
- Allergy testing and treatment by a doctor
- Take all medications for asthma already prescribed by your doctor to keep asthma under control



ACCIDENTS HAPPEN!

Please send a change of clothes to school for your child just in case!



Ms. Posey's High School Transition Lifeskills class has taken over the logistics of the Snack Shack. Students and staff work together to shop and sell concessions-type snacks/ drinks and the occasional Snack Shack Special. We love their hard work, and of course, the yummy treats!!

