**RISE Learning Center** 

December 2024

# The Rocket Report

### FAMILY FUN NIGHT WITH SANTA WAS A SUCCESS!!!





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RISC Staff wishes everyone a bright and healthy holi-day season!!!



As the season approaches, sible school



for inclement weather we have a plan for posclosing days. Teachers

will continue to provide instruction through either virtual learning platforms, or in some cases, by sending packets home. Teachers will be available to students and be checking in on progress during a school closure. If we have enough advance warning of a closing, we will send student devices or packets home the day before. Let's hope the weather stays moderate, but plan for possible inclement weather.

School closings/delays will be sent via automated messages on ParentSquare and will be posted on Facebook and our website.

### "Kindness is like snow. It beautifies everything it covers" ~Kahlil Gibran



- ⇒ Family Fun Night—Dec 17, 6-7pm
- ⇒ End of 2nd Grading Period /1st Semester— Dec 20
- ⇒ Winter Break Wither President Dec 21—Jan 5
- ⇒Special Olympics Basketball Game, RLC Gym, - Jan 13, 6:30p
- ⇒ MLK Day/Snow Makeup day, if needed—Jan 20
- ⇒ Special Olympics Basketball Game, RLC Gym, - Feb 6, 6:30p



#### FYI...

#### ACC Breakfast with Santa is for families affected by autism.

ACC's annual Breakfast with Santa will have a delicious breakfast, "reindeer" games, holiday crafts, carriage rides, and a chance to meet with Santa Claus! Breakfast with Santa is for families affected by autism. Lots of fun for all ages and everyone in the family to enjoy.

Saturday, December 21st | 9:00am to 11:00am New Hope Church 5307 W. Fairview Rd. Greenwood, IN 46142

\*\* Registration will open beginning of November 2024\*\*

<u>Registration is required</u> to attend Breakfast with Santa and will cost \$10 per family. Our carriage rides are limited and will be first come, first served basis. We will email your scheduled time for the carriage ride before the event. Up to six attendees can ride in a carriage at a time.

Learn more at <a href="https://autismcc-in.org/breakfast-with-santa/">https://autismcc-in.org/breakfast-with-santa/</a> or contact Kelli Higgins, Executive Director at k.higgins,@autismcc-in.org.







3 for \$1 18 for \$5

Flavors: Peanut Butter & Honey

or

#### Peanut Butter & Pumpkin

Homemade, all natural dog treat sales support the MOVE program at the RISE Learning Center.

Please email all orders to Monica Poncé at mponce@riselearningcenter.org.

Cash, check (made out to the RLC) accepted. Please allow 1-2 weeks for delivery.

## From the School Nurse: Winter Wellness Tips and Updates

As we welcome the month of December, it's a great time to focus on keeping our students healthy and ready to learn! Winter brings chilly weather, but it also brings unique health challenges, such as colds, flu, and other seasonal illnesses. Here are a few tips to help your child stay healthy this winter:

- 1. Stay warm and dry: Make sure your child is dressed appropriately for the weather, with layers that can be removed indoors and a warm coat, hat, gloves, and boots for outside.
- **2. Promote Good Hygiene**: Encourage frequent handwashing with soap and water, especially before meals and after coughing, sneezing, or playing outside. Proper handwashing is one of the best ways to prevent the spread of germs.
- **3.** Healthy Habits at Home: Ensure your child gets plenty of rest, eats a balanced diet with fruits and vegetables, and drinks plenty of water. A healthy immune system starts with good nutrition and sleep.
- **4. Stay Active**: While the weather might not always allow for outdoor play, encourage indoor activities that keep kids moving. Physical activity is great for their physical and mental health.
- **5. Prevent Illness**: If your child is feeling unwell, please keep them at home to recover and to prevent the spread of illness to others. If they have a fever, they should be <u>fever-free for 24 hours without medication</u> before returning to school.

In addition to these tips, I want to remind everyone of the importance of staying up to date on immunizations, including the flu vaccine. Flu season is in full swing, and vaccination is one of the best ways to protect against the flu.

Finally, as we head into the holiday season, let's work together to keep our school community healthy and thriving. If you have any questions about your child's health or need assistance, please don't hesitate to reach out. My door is always open, and I'm here to support you and your family. Wishing everyone a safe, healthy, and joyful December!



